

21st Penang Teaching Conference for General Practitioners

13th - 16th September 2018

Bayview Hotel Georgetown Lebuh Farquhar, Penang Organised by

Malaysian Medical Association (Penang Branch)



21st Penang Teaching Conference for General Practitioners 13th to 16th September 2018

Dear Colleagues,

The Organising Committee of the Penang Branch of the Malaysian Medical Association, warmly invites you to join us at this 21st Scientific Conference for General Practitioners, the longest running course of this nature in this country, to be held for the twenty-first time in Penang. Family medicine is a field of practice based on the knowledge and skills required for the diagnosis and management of a whole host of fields of medicine and requires a special brand of person. Our aim is to stimulate scientific thinking and impart knowledge to this special breed of doctors who form the backbone of medical practice in this county.

The two and half days' programme will consist of lectures on a very wide range of topics, as can be seen in the attached programme listing with a preceding day's workshops.

This Conference is a wonderful opportunity to update yourself. Medical practitioners, medical students and allied health professionals will certainly benefit from the wide array of lectures.

On Thursday, 13/9/2018 there will be a pre-conference Basic Life Support workshop, designed to be hands on. The other workshop is on Ultrasound in Obstetrics. You may of course attend the first day's workshop alone or attend the whole conference package or just the conference alone without the Thursday's workshop.

We urge you to expeditiously sign up and come to Penang to upgrade your knowledge and enjoy the wonderful hospitality of Penang.

SECRETARIAT:

Malaysian Medical Association, Penang Branch

c/o Mr SP Palaniappan, Gleneagles Penang, Clinic No. 217, 1 Jalan Pangkor, 10050 Penang.

Tel. No.: 04-222 9188

Fax. No.: 04-222 9188 (office hours only)

04-226 2994 (all hours)

Email: 21gpcourse@gmail.com

Website: http://www.mma.org.my/MediaandEvents/EventsSeptember2018/

REGISTRATION for the Conference

Local Orders from Government Hospitals and departments are acceptable provided the relevant paperwork is completed properly <u>in advance</u>. The LO must be sent along with the application form so that appropriate invoices can be handed over to the participant or sent to the originating office for payment.

Fees to be paid for the Conference alone:

- The registration fee for members of the Malaysian Medical Association, Malaysian Government doctors, medical students and paramedical staff for the conference from 14th to 16th September 2018 is RM424.00 (including GST @ 6%)
- The registration fee for Malaysian doctors who are <u>not members</u> of the MMA and all others, for the conference from 14th to 16th September 2018, is RM530.00 (including GST @ 6%) or US\$212 (including GST @ 6%)

Category for Conference	Including GST at 6 %
Members of the Malaysian Medical Association, Malaysian Government doctors, medical students and paramedical staff	RM424
Malaysian doctors who are not members of the MMA and all others	RM530 / US\$212

13th September 2018 Thursday, PRE - CONFERENCE WORKSHOPS

Two full day workshops will be run concurrently. One will be on

1. BASIC LIFE SUPPORT (CPR) Pre-Conference Workshop (6 CPD points)

The modules are: 1-Rescuer, 2-Rescuers, Paediatric CPR, Paediatric Choking, Adult Choking & AED and the use of airway adjuncts

TIME	TOPIC
8.45 - 9.00 am	Registration
9.00 - 10.00 am	Introduction to CPR & AED
10.00 - 10.30 am	Coffee Break
10.30 - 1.00 pm	Practical sessions Dr ABC & AED
1.00 - 1.45 pm	Lunch break
1.45 - 3.30 pm	Practical sessions
3.30 - 4.00 pm	Theory test
4.00 - 4.15 pm	Tea break
4.15 - 4.30 pm	Dialogue and results

The aim of this workshop is to teach the skills of CPR for victims of all ages, using international guidelines.

The intended audience includes physicians, nurses, physiotherapists, respiratory therapists, occupational therapists, medical assistants, hospital attendants, medical students and nursing students.

Appropriate certificates of attendance and/or competence will be awarded to participants.

2. ULTRASOUND IN OBSTETRICS Pre-conference workshop (6 CPD points)

Colour Doppler Obstetrics 1st, 2nd and 3rd Trimester Sonography

TIME	TOPIC	DURATION
8:00 – 8:30	Registration and Welcome	30 min
8:30 – 8:45	Introduction and pre-course assessment	15 min
8:45 – 9:15	Ultrasound Physics &Equipment -Colour/BW Principles	30 min
9:15 – 10:00	1st Trimester Screening: GS, CRL	45 min
10:00 -10:15	Tea Break	15 min
10:15 - 11:00	2nd & 3rd Trimester: Foetal Abdominal, Spine, Placenta Previa	45 min
11:00 – 11:45	2nd & 3rd Trimester: Colour Doppler Application	45 min
11:45 – 12:00	Q&A	15 min
12:00 – 13:00	Lunch	60 min
13:00 – 13:45	Hands-on on A	45 min
13:45 – 14:30	Hands-on on B	45 min
14:30 – 15:15	Hands-on on C	45 min
15:15 – 16:00	Hands-on on D	45 min
16:00 – 16:15	Post Course Assessment and Closing / Group Photo	15 min

14th September 2018 Friday- DAY 1

TIME	TOPIC	SPEAKER
8.00am – 8.30am	Registration	Mr. SP Palaniappan & Team
8.30am – 8.35am	Opening Address	Chairman, MMA Penang Branch
8.35am – 10.00am	Chairman	Dr Gnanasegaran Xavier
8.35am – 10.00am	ECGs in primary care	Dato' Dr L R Chandran
10.00am – 10.30am	Tea Break & Booth Visits	
10.30am – 11.45pm	Chairman	Dr S Indran
10.30am – 11.05am	Thrombolysis in Stroke – When to Thrombolyse?	Dr Lim Thien Thien
11.05am – 11.45am	Delirium vs Dementia in Elderly	Dr Cheah Wee Kooi
11.45am – 12.30pm	Lunch symposium - Mundipharma	
12.30pm – 2.15pm	Lunch Break & Booth Visits	
2.15pm – 3.45pm	Chairman	Dr Gnanasegaran Xavier
2.15pm – 3.00pm	Approach to Asthma in Primary Care – When to Refer?	Prof Dr Richard Loh Li Cher
3.00pm – 3.45pm	Approach to Cough in children	Dr Rus Anida Awang
3.45pm – 4.30pm	Tea symposium – AstraZeneca	
4.30pm – 5.00pm	Dr MK Rajakumar's free papers	Free Paper presenters
5.00pm – 5.30pm	Tea Break & Booth Visits	

15th September 2018 Saturday- DAY 2

TIME	TOPIC	SPEAKER
8.00am – 10.00am	Chairman	Dr GnanasegaranXavier
8.00am – 8.45am	Recognising Endocrine Emergencies in General Practice	Dr Malik Mumtaz
	Life-threatening emergencies presenting in a primary care setting	Dr Teo Aik Howe
10.00am – 10.30am	Tea Break & Booth Visits	
10.30am – 12.15pm	Chairman	Dr Kanthan Murugiah
10.30am – 11.20am	Dengue and its Mimics	Dr Chow Ting Soo
11.20am – 12.15pm	An update on Contraception	Dr S Somaskandar
12.15pm – 1.00pm	Lunch symposium – GlaxoSmithKline	Pharmaceutical
1.00pm – 2.00pm	Lunch Break & Booth Visits	
2.00pm - 5.00pm	Chairman	Mr SP Palaniappan
2.00pm – 3.00pm	Reducing Medical Malpractice risk in General Practice	Dr T Thirumoorthy
3.00pm – 4.00pm	Dermatologic Emergencies	Dr Lo Kang Shang Chit
4.00pm – 5.00pm	Dermatology Quiz	Dr Lo Kang Shang Chit
5.00pm	Tea Break & Booth Visits	
5.00pm – 5.30pm	Ultrasound Demonstration	Dr Gnanasegaran Xavier

16th September 2018 Sunday- DAY 3

TIME	TOPIC	SPEAKER
8.00am – 10.20am	Chairman	Dr Kanthan Murugiah
8.00am – 8.40am	Prevention and early diagnosis of heart failure: The role of primary care physicians	Dr Goh Eng Leong
8.40am – 9.20am	Updates on medical therapy for heart failure. How to follow up patients with heart failure in your clinic?	Datin Dr Ong Mei Lin
9.20am – 10.00am	Diabetic and Heart Failure: Does choice of OHA matter?	Assoc Prof Dr Alexander Tan
10.00am – 10.20am	Device therapy in patients with heart failure: when to refer?	Dr Ma Soot Keng
10.20am – 10.35am	Tea Break and Booth visits	
10.35am – 1.00 pm	Chairman	Mr SP Palaniappan
10.35am - 11.40am	Normal or Abnormal?	Mr.Dennis Tan Gan Pin
11.40am – 12.15pm	Understanding Medico-legal concept of Duty of Care	Dr T Thirumoorthy
12.15pm – 1.00pm	Update on Hypertension	Dr Choo Gim Hooi
1.00pm – 1.15pm	Evaluation and closing	Dr Gnanasegaran Xavier
1.15pm – 2.00pm	Lunch	

Free Paper Abstract submission guidelines

Abstracts should be submitted in Microsoft "WORD".doc format. When using Microsoft "WORD" program and please save the manuscript in Word 97-2003 document format for compatibility purposes.

Naming the File:

When you name your document, please use the last name of the primary author.

Language:

The official language of the 21_{ct} GP Conference is English.

Length of Abstract:

The maximum acceptable length is one A4 page of about 400 words

Authors' Responsibilities:

Authors will be responsible for obtaining permission to use material from previously published sources and for properly crediting these sources. Copyrights or restrictions on reproductions must not appear anywhere in the text or graphic materials including photographs. The authors will be responsible for the content and accuracy of submitted papers. Presenters are requested to provide brief biographical information. Please include the title of the paper, your name, current position, education, experience, and any special awards or recognition received. Biographical information should not exceed two paragraph, if possible.

Papers should be submitted electronically on the following form

- Title
- Authors and their affiliations
- Abstract
- Introduction

- Results
- Discussion
- Materials and:Methods
- References

- Acknowledgments
- Figures and tables
- Supplementary Materials

Sample of the abstract

Title of the work that will be presented at the 21st Teaching Conference for General Practitioners

N. Surname (1)*, N. Surname (2), N. Surname(3)

(1) Affiliation, Address, City, Country, e-mail

(2) Affiliation, Address, City, Country, e-mail

(3)Affiliation, Address, City, Country, e-mail

* Corresponding Author e-mail: N.Surname@yyyy.yyy.yyy Topic/s: xxxx, yyyy, zzzz

Keywords: aaaa, bbbb, cccc

The submitted abstract should be an informative, self-explanatory summary of the paper containing main objectives, results and conclusions of the work that are expected to be presented at the conference for general practitioners preparing for the MRCGP examinations. This abstract will be printed in the abstracts section of our souvenir programme book. The Scientific committee expects the authors to write their papers in good English, free of language, syntax and spelling errors. Abstracts will not be corrected by the committee and will be printed wherever possible, as submitted.

This abstract mustn't exceed one A4 page, a maximum of 400 words, and the top and bottom margins must be 35 mm and the left and right margins 30 mm.

The title of the abstract must be related to the contribution, as shown above. The title should be in (Times New Roman, 14 pts. bold, centred between the side margins), followed by the authors' names (Times New Roman, 12 pts.) and their affiliation (Times New Roman, 11 pts, Italic). The text must be written in a single column using Times New Roman, 12 pts. The references must have the following format:

- 1. Novembre E, Cianferoni A, Bernardini RA, Ingargiola A, Lombardi E, Vierucci A. Epidemiology of insect venom sensitivity in children and its correlation to clinical and atopic features. Clin Exp Allergy. 1998;28:834–8..
- 2. Cochrane Effective Practice and Organisation of Care Group. Methods papers. UK: The Cochrane Collaboration. http://epoc.cochrane.org/sites/epoc.cochrane.org/files/uploads/baseline.pdf. (Last accessed on 4 Jan 2016).
- 3. Bousquet J, Bodez T, Gehano P, Klossek JM, Liard F, Neukirch F, et al. Implementation of guidelines for allergic rhinitis in specialist practices. A randomized pragmatic controlled trial. Int Arch Allergy Immunol.2009;150 (1):75–82.

After the references, you can also include, if you wish, your scientific CV with a maximum of 20 lines together with your photograph.

Closing date for abstracts submission will be 13th August 2018. Any and all abstracts received after this date will be rejected. Please submit the application to present an abstract to Dr Gnanasegaran Xavier via email at segarandr@gmail.com with cc to Dr Hooi Lai Ngoh at email drhooi.hooi@gmail.com

Only participants registered for the conference will be allowed to present free papers and CPD points will be awarded for free paper presentation.

REGISTRATION FORMS for the 21st GP Conference workshop only

I wish to attend the 21st Penang Teaching Conference for General Practitioners Workshop marked below:

All participants

Tick the chosen course

Workshop

WORKSHOP 1 and Examinations: CPR/ Basic Life Support Courses	RM 424.00		
WORKSHOP 2 : Ultrasound in Obstetrics	RM 159.00		
 You need to register for the workshop and separately pay the relevant fees (inclusive of the GST @ 6%) (Please note that the fees for the workshop is additional and separate from that for the conference itself) Lunch will be provided for both workshops. You may attend only one workshop as they are concurrent Name: Dr			
NRIC Number Old :			
Address:			
Town Post Code:	State		
Phone No. :	Fax No.	:	
E-mail :			
I attach payment / proof of payment			
Your Bank's Name and your account numbers:			
Please indicate if vegetarian food is required: *Yes / No (* Delete whichever is not applicable)			

Payment

If paying by cheque or banker's order, please make the crossed cheque/bank draft payable to "Malaysian Medical Association, Penang Branch". You may also pay by electronic transfer, postal order, money order, bank draft, banker's cheque or Local Order. You are encouraged to pay directly into our bank account under the name "Malaysian Medical Association Penang Branch" A/C No. 80-0394972-0 at the CIMB Bank, Penang. After paying in, please send us a photocopy of the pay-in-slip as proof of payment, along with your application form or you could scan and e-mail the pay-in slip/s along with your application form/s.

The closing date for registration is 3rd September 2018

Photocopies of the form are acceptable
The form can be downloaded from http://www.mma.org.my/Portals/
Forms without registration fee (or LO) will not be registered

Please send completed forms and payment to:
Mr SP Palaniappan, Gleneagles Penang, 1 Jalan Pangkor, 10050 Penang,
Tel. and fax No.:04-2229188 (office hours only) Fax. No.:04-2262994 (all hours)
Email: 21gpcourse@gmail.com Faxes to be marked "Attention of Mr Palaniappan"

You may register by e-mail if you have paid the fee into the bank account.

You have to attach a clear legible scanned copy of the original stamped bank's pay in slip along with the form/s as proof of payment.

REGISTRATION FORM for the 21st GP Conference ONLY

proof of electronic payment for Order/cheque No.	or RM424 / RM530 drawn or payable to Malays	ence for General Practitioners and enclose // US\$ 212 (all including GST 6%), /a Local mathrmal Bank, ian Medical Association Penang Branch / I ay-in slip attached)
Name : Dr		
*MMA/Membership Number:		
NRIC Number Old :		New :
Address:		
		State :
Phone No.:		Fax No.:
Email :		
(Please ensur	e that the e-mail address is o	clearly legible, correct and still functioning)
Your Bank's Name and your a	account numbers:	

Please indicate if vegetarian food is required: *Yes / No (* Delete whichever is not applicable)

Payment

If paying by cheque or banker's order, please make the crossed cheque/bank draft payable to "Malaysian Medical Association, Penang Branch". You may also pay by electronic transfer, postal order, money order, bank draft, banker's cheque, or Local Order. You are encouraged to pay directly into our bank account under the name "Malaysian Medical Association Penang Branch" A/C No. 80-0394972-0 at the CIMB Bank, Penang. After paying in, please send us a photocopy of the pay-in-slip as proof of payment, along with your application form or you could scan and e-mail the pay-in slip/s along with your application form/s.

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Tel. and fax No.: 04-2229188 (office hours only) Fax. No.: 04-2262994 (all hours)
Email: 21gpcourse@gmail.com Faxes to be marked "Attention of Mr. Palaniappan"

You may register by e-mail if you have paid the fee into the bank account. You have to attah a clear legible scanned copy of the original stamped bank's payin slip along with the form's as proof of payment.