

SMMAMS-AIMST Carnival 2015



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Society of MMA Medical Students (SMMAMS) in collaboration with Medical Students' Association of AIMST University organised a MedSA-SMMAMS Carnival 2015 which was held in AIMST University on 12 December 2015. This was the very first event organised by SMMAMS after the installation of the new Committee in September 2015.

The activities held in the carnival included a 10-kilometre run, a blood and organ donation campaign, martial arts performances, food fair and fun fair for children. The 10-kilometre run had 381 participants, including students, staff and the public ranging from ages 4 years old up to 60 years old. There were two categories; Men's Open and Women's Open. We flagged off from AIMST University at 7.15am and most of the participants completed the run by 9.00am. The total crowd who attended the carnival was about 1,000 people.

The event was officiated by YB Dato' Dr Leong Yong Kong, the ExCo of the State of Kedah at 9.30am. Together with him the opening ceremony was graced by Prof Dr M. Ravichandran, the Chief Executive & Vice-Chancellor of AIMST University and Dr Nesamani, the Treasurer of MMA Kedah.

The objective of this event was to create a healthy society. We would also like to create awareness on the importance of fitness and the crucial need for a healthy lifestyle. This also indirectly created a friendly network and bond among participants of all ages hailing from Sungai Petani.

The winners for the Men's Open were Ruburn Kummar (winner), Muniandy Ramadass (1st runner-up) and Thivagar Naidu (2nd runner-up). The winners for the Women's Open were Yue Yet Chin (winner), Gowre Shankere (1st runner-up) and Ng Jia Gee (2nd runner-up). The Organising Committee would like to congratulate all those who won the run, including the ones who received the top 20 finisher medals.

We, the Organising Committee of MedSA-SMMAMS Carnival 2015, would like to take this opportunity to thank all the sponsors and those who have contributed to the success of this event; AIMST University, Maju Institute of Education

Development (MIED), Malaysian Medical Association, Medical Students' Association of AIMST University (MedSA), Jaya Catering, Enrico's, Shahnaz, Ayurvedic, Pantai Hospital Sungai Petani, OEL Distributors Sdn Bhd, Gurumu Charity Association, Germinatrice, *Jabatan Pertahanan Awam Malaysia (JPAM)*, *Polis Diraja Malaysia (PDRM)*, *Unit Tabung Darah & Pusat Sumber Transplan Hospital Sultan Abdul Halim*, and Muay Thai Team of Gurumu Charity Association.

As the Chairman of SMMAMS, I said, "This is not only the first event of SMMAMS 2015-2016, but this is also the very first carnival ever organised by the association. Through this carnival, we have managed to gain an increase in memberships and this has also created a new platform for students to portray their talents in athletics. We will ensure the continuation of such events in the near future. A big thanks to AIMST University for allowing us to collaborate and host this event in their campus."

"SMMAMS being the national medical student organisation under the roof of the Malaysian Medical Association for the past 13 years, since the year 2002, would like to request all Malaysian medical students to join us to gain privileges such as joining events organised by MMA or SMMAMS, access e-Berita monthly to get current updates on medical issues and we are also a platform for students to publish their research work in the Medical Journal of Malaysia as well as to participate in community relief programmes."

"We will be organising a course on Housemanship Training which will be held on 20 February 2016. This is a collaborative event with SCHOMOS. Visit us at www.mma.org.my for more information and details of the event. Thank you".