

Towards Excellence



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 Chairman
 National SCHOMOS

For the first time in history, by taking a bold step in organising three different events, SCHOMOS and PPS with some contribution from SMMAMS are working together to bring you the "Towards Excellence" Series on 20 February 2016 at the Sheraton Imperial, Kuala Lumpur. The idea to combine both effort and resources was borne as a result of the current economic plague. Apart from fostering goodwill amongst doctors, an event like this is a potential hub for networking amongst doctors.

<p>1</p> <p>Women Empowerment Seminar</p> <p>20 Feb 2016 8am - 5pm</p> <p>Sheraton Imperial Kuala Lumpur</p>	<p>2</p> <p>ABC of HOUSEMANSHIP (In Collaboration with SMAMMS)</p> <p>20 Feb 2016 8am - 5pm</p> <p>Sheraton Imperial Kuala Lumpur</p>	<p>3</p> <p>GP Seminar & Scientific Meeting</p> <p>20 Feb 2016 8am - 5pm</p> <p>Sheraton Imperial Kuala Lumpur</p>
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1

Women Empowerment Seminar

Who Should Attend: Doctors and Public
Fees: RM160 (MMA Member)
 RM200 (Non MMA Member)

Topics:

- 1) Work - Balance Life
 Prof Dr Kyung Ah Park,
 President, Medical Women's International Association (MWIA)
- 2) Celebrating the achievements and looking to the future
 Dr Mary Suma Cardoso (Past President MMA)
- 3) Gender Equality for Women Benefits Men Too
- 4) Leadership - Male Champions for Change
 Tan Sri Rafidah Aziz

Make payment to:
 Account Payee : MALAYSIAN MEDICAL ASSOCIATION
 Bank Name : Albarca Bank Malaysia Berhad
 Account No : 140290010086760

Email or fax the bank slip to Ms Rafidah Nordin
 Tel : 034048827 (ext 833)
 Fax : 034048887 / 0340489029
 Email : schomos@mma.org.my / spmmma@gmail.com

For registration click : <http://goo.gl/forms/j58MM4fmyV>

Women Empowerment Seminar

A woman today wears many hats, juggling her duties against time, catering to the needs of everyone under her care except for herself. All this is done at the expense of her health and peace of mind. Yet she does not realise her worth. Recognising this, SCHOMOS has organised a seminar to empower women to step up as leaders and promote gender equality.

Tan Sri Rafidah Aziz, Prof Dr Kyung Ah Park, President of Medical Women's International Association (MWIA), Dr Mary Suma Cardoso, Past President MMA, are prominent ladies in their own right and will be speaking on topics that we hope would help to bring about a positive change in the lives amongst the participants. For those who are already empowered, we hope these talks will help motivate you further.

It will be interesting to meet and exchange notes with these successful women leaders as well. Please spread the message around. This seminar is open to the public too.

mma
MALAYSIAN MEDICAL ASSOCIATION

WOMEN EMPOWERMENT SEMINAR

Speakers including:

- Tan Sri Rafidah Aziz
- Prof Dr Kyung Ah Park

Date: 20th February 2016
Time: 9.00 Am - 5.00 Pm
Venue: Sheraton Imperial Hotel, Kuala Lumpur

RH160 (MMA Member) RM200 (Non MMA Member) NETT per participant
Closing date 15th Feb 2016

Contact:
 Ms Rafidah Nordin
 03-99413375 Ext 113
 schomos@mma.org.my
 The link for registration: <http://goo.gl/forms/j58MM4fmyV>

2

ABC of HOUSEMANSHIP (In Collaboration with SMAMMS)

Who Should Attend: Medical graduates & Final Year Medical Students
Fees: RM150 (MMA Member)
 RM180 (Non MMA Member)

Topics

- 1) How to apply for housemanship including entitlement
- 2) The World of housemanship:
 - Is it Man? - By a consultant
 - Is it Moon? - By a medical officer
 - Can it be earth? - By a House officer
- 3) Working environment in different departments - how to make yourself at home
- 4) How to cope with stress
 - The Shift system - long working hours
 - Emergency procedures - what you're expected to know
 - Resuscitation - the reality
 - Hands-on training for common procedures

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Email or fax the bank-in slip to Ms Rafiah Nordin
 Tel: 034048375 (ext 33)
 Fax: 034048987 / 0340419929
 Email: schomes@rmsa.org.my / psrmmal@gmail.com

For registration click: <http://goo.gl/forms/Dwep3lyq7y>

ABCs OF HOUSEMANSHIP

How to apply for housemanship including entitlement?
 World of Housemanship Is it Man? Is it Moon? Can it be earth?
 Working environment in different departments - how to make yourself at home?
 Basic Life Support

20 FEB 2016
 0800 - 1700
 SHERATON IMPERIAL KUALA LUMPUR

REGISTER NOW !!!
 Free registration for first 75 members
 Open for Housemen, Medical Graduates & Medical Students
 RM 150 (Members) RM 180 (Non-Member)
 Deadline 17 February 2016

CONTACT:
 Ms Rafiah Nordin
 Tel: 03-4041375 (ext 33)
 Fax: 03-4041997
 03-40419929
 Email: schomes@rmsa.org.my / psrmmal@gmail.com

How to cope with stress???
 Communication Skills & Conveying Bad News
 Emergency Procedures and Resuscitation



ABC of Housemanship in Malaysia

SCHOMOS with SMMAMS have come together to organise this seminar. This proactive measure was undertaken to expose our future doctors to the work culture in our hospitals. Those who will benefit from this seminar are medical graduates awaiting their housemanship posting, especially foreign graduates. The other group that would benefit would be the final year medical students.

We have invited senior consultants from different departments who have vast experience in housemen training. They will guide our future doctors on how to cope with the stress of housemanship. The participants will also be enlightened on the potential problems that junior doctors could face as well as what is expected of them when they are posted in each department. They will also be exposed to the art of effective communication and be given the opportunity to have some hands-on experience on common procedures.

Included in this seminar is a session where Medical Officers and Housemen will share their experience with the participants. Definitely, not a seminar to be missed.

3

GP Seminar & Scientific Meeting

Who Should Attend: Medical General Practitioners (GPs)
Fees: RM150 (MMA Member)
 RM180 (Non MMA Member)

Topics

- 1) MCO/TPA: Are they complying to MCO Guidelines? MPD/MOH Q&A (MPD/Reps of MCO/TPA*)
- 2) Allergic Rhinitis & Sinusitis, when do you refer?
- 3) Antibiotic Usage in GP Practice
- 4) What is RUUF & how will it affect GP Practice - PSD, MOH
- 5) Tidying your taxes: an insight by LHDN

Make payment to:
 Account Payee: MALAYSIAN MEDICAL ASSOCIATION
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Email or fax the bank-in slip to Raviva
 Tel: 034048375 (ext 220)
 Fax: 034048987 / 0340489929
 Email: psrmmal@gmail.com / psrmmal@rmsa.org.my

For registration click: <http://goo.gl/forms/WEYryNkVWf>

GP Seminar and Scientific Meeting

This annual event is organised by PPS. There are many issues affecting the General Practitioners and Private Specialists, currently putting them in a quandary. This Seminar would be an ideal platform to discuss the predicaments faced by them. Topics like Managed Care Organisations/ Third Party Administrators, Antibiotic Usage in GP Practice, Rang Undang-Undang Farmasi (RUUF) and the current tax issues will be covered. An interesting topic not to be missed would be "Tidying Your Taxes, an Insight by LHDN".

We are counting on all of you to make these events successful. So please help us spread the word. See you there!